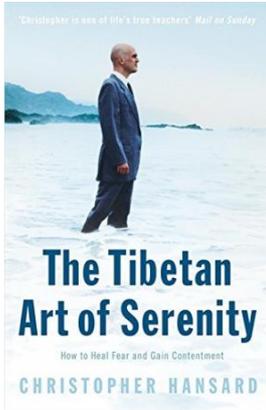


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THE TIBETAN ART OF SERENITY: HOW TO HEAL FEAR AND GAIN CONTENTMENT



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