



The Peace of Mind Prescription: An Authoritative Guide to Finding the Most Effective Treatment for Anxiety and Depression

By Dennis Charney

Mariner Books. Paperback. Book Condition: New. This item is printed on demand. Paperback. 259 pages. The Ultimate Guide to Identifying, Treating, and Overcoming Depression and Anxiety Two world-renowned psychiatrists have created a comprehensive and empowering guide to the science and treatment of anxiety and depression. At the heart of their message is the idea that treatment can and must be tailored to the individual and that armed with the right information, patients can get the support they need from their health-care providers. Practical and authoritative, The Peace of Mind Prescription has been unanimously praised as a valuable resource that offers hope to millions of sufferers. Dennis S. Charney, M. D. , is the Dean of Research and the Anne and Joel Ehrenkranz Professor in the departments of psychiatry, neuroscience, and pharmacology and biochemistry at the Mount Sinai School of Medicine. Charles B. Nemeroff, M. D. , Ph. D. , is the Reunette W. Harris Professor and chairman of the department of psychiatry and behavioral sciences at Emory University's School of Medicine. This item ships from La Vergne, TN. Paperback.



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